

Why Dental Trauma Discussion is Important for All Dentists?

Of all dental issues this topic crosses most, if not all dental specialties, so it is important for all dentists have to have some knowledge because;

- In case of emergency treatment:
- Any dentists (general and specialists) can be called to action!
- No dentists can have the excuse "I do not know."
- Every case is an emergency that very often is very time sensitive, such that if the correct treatment is not rendered within minutes to an hour the tooth/teeth are likely to be lost.

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dentaltraumaguide.org

www.iadt-dentaltrauma.org

Dental Trauma

World traumatic dental injury prevalence and incidence, a meta-analysis

- One billion living people have had traumatic dental injury!

"Dental trauma is a neglected condition which could rank fifth if it was included in the list of the world's most frequent acute/chronic diseases and injuries."

(Petti S, Andreasen JO, Glendor U, Andersson L 2018)

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Dental Trauma

World traumatic dental injury prevalence and incidence, a meta-analysis

"Traumatic dental injuries would be the fifth most prevalent disease or injury the Global Burden of Disease Study 2015, after: permanent caries, tension-type headache, iron-deficiency anemia, age-related and other hearing loss preceding migraine and genital herpes." (Pett S, Andrasen J2016) Andresson 1,2016)

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Dental Trauma

Contradictions in the treatment of traumatic dental injuries and ways to proceed in dental trauma research.

"Almost all treatment procedures used for dental traumas are still today not evidence-based, a fact, which makes it difficult to analyze the long-term outcome of healing and its relationship to treatment."

(Andreasen et al 2010)

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on trauma victims!

Dental Trauma First-aid knowledge about tooth avulsion among dentists, doctors and lay people. "Dentists, in comparison, have significantly more knowledge, but may need training in selection of the appropriate treatment option and handling and care of the avulsed tooth."

(Qazi and Nasir, 2009)

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Available on www.IADT-dentaltrauma.org

Guidelines of IADT





Dental Trauma Contradictions in the treatment of

traumatic dental injuries

For ethical reasons, it will be difficult to perform randomized studies

We will therefore be forced in the future to rely on experimental

(Andreasen et al 2010)

animal studies supported by clinical observational studies.

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Dental Trauma Prevalence

Believed that between 20 and 30% of all 18 years old have sustained injury to their teeth.

2/3 are mild such that there is no permanent damage to the teeth.

1/3 are severe enough to potentially cause a permanent damage.

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Andreasen et al 1972 Fosberg & Tedestam 1990

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Dental Trauma

Prevalence

If a child or teenager has very severe overjet (8 mm or more in vertical direction) then the incidence increases up to 50 - 60%.

Many contend that this group requires early orthodontic intervention to reduce the risk of trauma – has not been well confirmed in studies partly because of trauma often occurring prior to early intervention.

> Forsberg & Tedestam 1993 Ehmer U et al. 1999

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Prevalence and Incidence of Dental Trauma

Over two hundred million injuries to anterior teeth attributable to large overjet: a meta-analysis

Type of tooth	Overjet	Pooled OR	95% CI
Primary	3-4 mm	2.31	1.01-5.27
Permanent	3-4 mm	2.01	1.39-2.91
Permanent	6 + mm	2.24	1.56-3.21

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Prevalence and Incidence of Dental Trauma Incidence of dental trauma among adolescents: a prospective cohort study.

Dental Trauma

Previously reported to be at least 3 boys to 1 girl.

Now indications are more likely to be 3 to 2

or even 1 on 1!

Sex differences

(Alonge et al 2001, Oldin A., et al. 2015)

2 year follow-up, 416 (1/2 with history of trauma), aged 11-13 years.

History of previous trauma:

 $\begin{array}{l} 4.85 \text{ times greater odds ratio for additional trauma compared to the non-trauma group.} \\ \mathsf{P}=0,005 \text{ after adjusting for incisal overjet, lip coverage and mother's schooling.} \end{array}$

(Ramos-Jorge ML. et al. 2008)



Prevalence and Incidence of Dental Trauma

Incidence of dental trauma among obese adolescents a 3-year-prospective study 3 year follow-up, 785 (422 boys, 363 girls, BMI) age as start 13 years, dropout rate 2.86%.

The overall prevalence of Traumatic Dental Injury: - 17.43% of boys and - 16.81% in girls, (P = 0.18)

Children with obesity and overweight were 2.78 times greater chance. (after adjusting for socioeconomic status, lip coverage, incisal overjet and previous history of trauma)

(Basha S. et al. 2015)

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Violence and abuse is a significant public health problem, especially for females.

Injuries to the head, neck, and/or mouth are clearly visible to the dental team during examination.

Every one that deals with dental trauma should be familiar with diagnostic tools and surveys for identifying victims of all ages.

(Thompson LA et al. 2013)

(Murphy, K et al. 2013)

Signs to look for in case of suspected child abuse

- · Signs of old injuries without the patient being previously examined/treated.
- Vague explanation on how the injury occurred; explanation may differ depending on who you ask. Given explanation not in accordance with clinical findings / type of
- trauma.
- · The child makes statements that are different from the parents'. · Abnormal child-parent dialogue + child looks sad, or frightened + abnormal parents' behavior
- · Parents contact the dentist late

(Bakland LK & Andreasen JO, 1996)

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(injuries that should raise concerns)

Typical features of non-accidental injuries

- Remember Concerns are raised by: - Injuries to both sides of the body
- Injuries to soft tissue
- Injuries with particular patterns
- Any injury that doesn't fit the explanation
- Delays in presentation -
- Untreated injuries

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Pattern of oral-maxillofacial trauma stemming from interpersonal physical violence and determinant factors

A retrospective analysis of 790 complete patient charts:

One hundred forty (17.7%) individuals had oral-maxillofacial injuries stemming from physical violence. - 80 due to urban violence, - 42 due to domestic violence, - 18 combination or unknown.

Domestic violence was more prevalent among females (69%), and UV was more prevalent among males (67.5%). (Ferreira MC et al. 2013)

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"Your duty of care to patients experiencing domestic abuse"

In 2017/18 the police recorded 59,541 incidents of domestic abuse in Scotland. In 81% of these cases the victim was female and the perpetrator was male.

A Scottish study found that 80% of transgender people reported abuse from a partner or ex partner, yet the majority had not received support around this.

(Halkett G 2021)

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Domestic Violence against Women Detected and Managed in Dental Practice: a Systematic Review

Among the dental care professionals:

- only 1-7.1% of the dentists included injury search and examination of their patients for signs of violence. - less than 47% had knowledge to identify violence injuries.

When it comes to knowledge to identify signs of domestic violence, positive answers were below 24%.

(Nascimento CTJS et al. 2022)

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Dental Trauma

Which teeth are most likely to be involved? 1. Central upper incisors (40-60%) 2. Lateral upper incisors (20-30%) 3. Lower incisors (20-30%)

Traumatic Injuries

Diagnosis of dental trauma

Traumatic Injuries

✓ Fact finding ✓Clinical exam ✓Radiographic exam ✓Pulpal tests

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Traumatic Injuries

✓ Fact finding

1. Patient's name, age, sex, address, and contact numbers and for young pt. weight. 2. Any CNS symptoms after the injury?

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Traumatic Injuries

✓ CNS issues:

"Many times, facial fractures tend to distract our attention from more severe and often life threatening injuries"

(Hohlrieder M et al. 2004)

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Traumatic Injuries

✓ CNS issues:

Meta-analysis:

- The mean prevalence of intracranial haemorrhage after mild head injury was 8% (95% confidence interval 3% to 13%) in 13 studies with 12,750 patients.

- Loss of consciousness or post traumatic amnesia occurred in 61% to 100% of patients in individual studies (most commonly 100%).

(Hofman PA et al. 2000)

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- Difficulty of speech / slurred speech.



Remember: Epidural Hematoma can be with a late onset of symptoms!

Pt. appears quite normal, then in minutes, hours or even days later symptoms appear.



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Why do we take radiographs immediately after a dental trauma?

 \checkmark To assess the situation

- \checkmark To be able to decide on appropriate treatment
- $\checkmark {\sf To}$ have a base line to compare to

Why do we take radiographs immediately after a dental trauma?

Need to take:

- ✓ Several radiographs
- ✓ Quality radiographs with minimal distortion
- ✓Reproducible radiographs

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Radiographs

Any time there is a suspicion of a horizontal root fracture several radiographs with different vertical angulations needs to be taken!







Diagnosis of Dental Trauma Why not CBCT for every case?

A CBCT investigation of dental trauma seems to be best evaluation! However: The highest incidence rate of dental trauma is between the age of 8 to 14 years old. (Andreasen & Ravn 1972)

Research evidence concerning CBCT indications in children remains limited. (Cenning A. et al. 2018)

Care should be taken not to use this 3D image modality lightly, knowing that the effective dose of a CBCT is around 20–400 fold that of an intraoral radiograph. (Pauwels R. et al. 2012)

Why not CBCT for every case? A Review of Doses for Dental Imaging in 2010–2020

Development of a Web Dose Calculator CBCT imaging:

The child phantoms received about 29% more effective dose than the adult phantoms received.

The maximum CBCT effective dose with a small FOV for children, 245.2 μ Sv, about 8% of the effective dose that a person receives on average every year from natural radiation. 3110 μ Sv,

Diagnosis of Dental Trauma

(Lee H and Badal A, 2021)

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Traumatic Injuries

✓Pulpal tests

37 teeth subluxated - 20 none responsive to EPT immediately

- 17 responsive to EPT immediately

At follow-up:

- 6 of 20 non responsive to EPT now responsive
 - 2 of 17 responsive to EPT now non responsive

- 2 of 17 responsive to EP1 now non response

(Skieller 1960)

Sensibility tests

Cold test is most effective Place cold on incisal 1/3 if possible. False negatives common soon after injury. Needs to be repeated at all re-eval appointments! -> At least two signs and symptoms are necessary of make the diagnosis of necrotic pulp.

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Aim of Treatment in Dental Trauma

Regain or maintain pulp vitality !!!

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Maintain pulp vitality!!!

Why?

to strengthen dentinal walls

avoid "difficult" endodontics

prevent the pulpal canal space from becoming infected

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Dilemma with immature tooth

Recommended to wait for signs of pulp vitality!

But failure of revascularization will only show up so late that the prognosis of the tooth is severely limited by that time!

Traumatized teeth

Frequent nerve damage

=> no response to pulp testing for several weeks to months after the trauma even when the blood circulation has survived. (Ohman 1965, Bhaskar & Rapaport 1973 MesarosTrope 1997)

Dilemma with immature tooth

Therefore early diagnosis of pulp necrosis is urgent.

A reliable method of pulp vitality assessment would be a great advantage.

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The main focus in the treatment of crown fractures in young permanent teeth is to maintain the vitality of the pulp.

Dental Trauma

- ✓Enamel fracture
- \checkmark Uncomplicated crown fracture
- ✓Complicated crown fracture
- ✓Uncomplicated crown-root fracture
- ✓ Complicated crown-root fracture

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Pulpal survival very good!

However:

If the pulp was compromised or became necrotic in the trauma it has been suggested that the craze lines in enamel could become a portal of entry for bacteria. **Crown Infraction**

Treatment:

Baseline Sensibility tests

Radiographs: Peri-apical film indicated if other signs or symptoms are present

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Crown Fractures

Crown Infraction

Clinical Presentation

Craze lines

"Use fiber optic light"

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Crown Infraction

Pulpal Consequences

Necrosis Rare ~ 1.7 to 3.5%

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Uncomplicated Crown Fracture

Incidence

Most commonly reported dental injury!!

Estimated to be up to 1/3 –1/2 of all reported dental injuries

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Uncomplicated Crown Fracture Biologic Consequences: Minimal!! Pulp will most likely defend it self* *unless we, the dentists, mess things up!

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Uncomplicated Crown Fracture

Treatment

1.Account for tooth fragment

Uncomplicated Crown Fracture Treatment

1.Account for tooth fragment 2. Sensibility tests

Sensibility tests should be done prior to any treatment!

Uncomplicated Crown Fracture

Treatment

1. Account for tooth fragment

2. Sensibility test

3. Radiographic evaluation:

- periapical,

occlusal,
eccentric,

- radiograph of lip/cheek if skin is broken.



Uncomplicated Crown Uncomplicated Crown Fracture Uncomplicated Crown Fracture Fracture Treatment Young human teeth (n=353): Odontoblast numbers and dentine repair activity was more Treatment 1.Account for tooth fragment influenced by cavity variables, than of cavity filling materials or 2. Sensibility tests patient factors. 4. Esthetic repair: 3. Radiographic evaluation The most important variable was the remaining dentine **Dentin bonding** thickness; 4. Esthetic repair * Vs. below 0.25mm the numbers of odontoblasts decreased by * If there is not time for an esthetic repair, a glass-ionomer or composite bandage should be placed on the exposed 23%, and minimal reactionary dentine repair was observed. Ca(OH)₂ base dentin at the initial visit. (I. About et al. 2001) 74 75

Uncomplicated Crown Fracture

When remaining dentine thickness was less than 0.5 mm, but not exposing the pulp, the % of viable odontoblasts was found to be: calcium hydroxide (100%), polycarboxylate (82.4%), zinc oxide eugenol (81.3%), composite (75.5%), enamel bonding resin (49.5%)

(I. About et al. 2001)

Uncomplicated Crown Fracture

Treatment

4. Esthetic repair.

If it is estimated that there is more than 0.5 to 1mm into the pulp then there is no need for additional pulpal protection!

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Dentin Bonding of Fragments

The key is to get the best approximation possible: - Etch and dry (don't over dry!!) both pieces

- Use minimal bond and no Ca(OH)₂ coverage if remaining dentin on the pulpal side is > 1mm
- If pulpal coverage is less than 1 mm then Ca(OH)₂ coverage over the deepest part and the corresponding area of the broken piece has to be dimpled appropriately.

Dentin Bonding of Fragments

Fragment dehydration for 48 h. caused a significant reduction in fracture strength;

was recovered by a 30-min rehydration.

(Capp, Cl. et al. 2009)

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Dentin Bonding of Fragments

Effect of dehydration and rehydration intervals on fracture resistance of reattached tooth fragments using a multimode adhesive Bovine teeth n=84

Conclusion: Rehydrating a tooth fragment for 15 minutes before bonding with a multimode adhesive appears to maintain sufficient moisture to increase reattachment strength.

(Poubel DLN. et al. 2017)

Uncomplicated Crown Fracture FOIIOW-UP 6-8 weeks and 1 year*

Incl: Sensibility test and Radiographic evaluation

*Providing sensibility test normal

Crown Fractures

Crown Infraction

Uncomplicated crown fracture

Complicated crown fracture

Complicated crown fracture

Definition

Crown fracture involving enamel, dentin *and pulp*

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Complicated crown fracture

Incidence

2 - 13 % of all dental injuries

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Requirements for success

1. Capping of healthy pulp

2. Bacteria tight coronal seal

3. ? Capping material ?

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Vital Pulp Therapy Requirements for success

1. Pulpal Status

Healthy pulp - success > 90 %

Inflamed pulp - success < 35% (AI-Hiyasat AS et al, JADA 2006)

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Complicated Crown Fractures

Biologic Consequences

1st 24 to 48 hours - minimal inflammation of 1-2 mm and pulpal proliferation

Necrosis *certain* if no treatment

Vital Pulp Therapy

Requirements for success

2. Bacteria tight seal

Cox CF et al: Biocompatibility of various surface-sealed dental materials against exposed pulps. J. Prosthet Dent 57:1987. Vital Pulp Therapy Requirements for success <u>? Capping material ?</u>

Bonded resin:

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Composite Pulp Capping

Animal studies on non-inflamed pulp encouraging.

Healthy human pulps not consistent results. - Delayed healing - Lingering inflammatory infiltrates -Foreign body responses

> (Hebling et al. 1991, Gwinnet and Tay 1998, Pereira et al. 2000, Horsted-Bindslew et al. 2003)

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Complicated Crown Fracture

Single Bond adhesive on pulpal exposures – no caries.

Frequent gaps between the restoration and the dentin substrate; - unpolymerized monomers, - interface breaks with blood extravasation between the layers of the adhesive system, - rupture of the odontoblast layer, - multinucleated giant cells close to the bonding agent. (Silve GArt et 2013)

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Complicated Crown Fracture

Direct bonding:

Persistence of the coagulum-clot has been demonstrated as being detrimental to pulp healing

=> has to be removed prior to sealing (even when placing Ca(OH)2)

(Schröder & Granath 1971)



Direct capping: 5% NaOCI in a cotton pellet: Causes chemical amputation of the blood coagulum Removes the damaged pulp cells, dentin chips and other debris.

Provides hemorrhage control with minimal damage to the "normal" pulp tissue underneath.

(Hafez AA, Cox CF et al. 2002)

Vital Pulp Therapy Requirements for success <u>? Capping material ?</u>

Bonded resin: Calcium hydroxide:

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Complicated Crown Fracture

Calcium Hydroxide (Ca(OH)2):

Action unknown, possible due to the high pH (11-12) combined with inhibition of bacterial proliferation and effect on endotoxins.

Ca(OH); <u>can not</u> be used to treat an existing pulpitis - it has no direct curative effect on inflammation, - it does not appear to contribute Ca*+ to the bridge formation.

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Vital Pulp Therapy Requirements for success <u>? Capping material ?</u> Bonded resin: Calcium hydroxide: Mineral Trioxide Aggregate (MTA):

Mineral Trioxide Aggregate (MTA):

Has been shown to be very biocompatible and fairly good sealant when placed as a pulp capping agent.

The pulp will react to the MTA with mild reaction followed by a dentin bridge.

However not recommended any longer in anterior teeth because of potential staining of the remaining crown.

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Root Fracture

Prognosis: Pulp necrosis was found in 20%, 70% of those successfully treated endodontically and almost all of them only in coronal segment. (Zachrisson and Jacobsen 1975)



Root Fracture Influences on Prognosis: 1. The degree of dislocation of the coronal fragment. The localization of the fracture influenced repair only slightly.
 Somewhat increased mobility in some cases did NOT affect the longevity a tooth. (Zachrisson and Jacobsen 1975)

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Root Fracture

"It is concluded that when optimally treated by repositioning, fixation and relief of occlusion, anterior teeth with root fracture have a favorable prognosis, even when pulp necrosis occurs." (Zadrisson and Jacobeen 1975)

Root Fracture

Retrospective study by Cvek et al. (2001) indicated:

- that rigid, long term splinting of root fractured teeth was not important variable in the prognosis of the tooth.

- How far the coronal segment was luxated from the root was important (and thereby possibly the reduction of the two segments).

Root Fracture				
Follow-up				
4 weeks: splint removal				
6-8 weeks				
4 months				
6 months				
1 year And then at least yearly for 5 years				
And then at least yearly for 5 years				
All Inc: Sensibility test and Radiographic evaluation	IADT			

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Alveolar Fracture FOILOW-UD 4 weeks : splint removal -6-8 weeks 4 months 6 months 6 months 1 year And then at least yearly for 5 years All Inc: Sensibility test and Radiographic evaluation

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